



# AmeriCorps Seniors

RSVP Newsletter  
Volume 8, Issue 2  
March - April 2022

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**RSVP**  
**Retired & Senior Volunteer Program**  
**Blair and Huntingdon Counties**  
**1-800-323-9997**

sponsored by



*AmeriCorps Seniors volunteer, Dave Fryer, provides DAV van service for local veterans.*

## DAV Van Drivers Needed!

Helping veterans with transportation to medical care is a great way to support and thank them for their service!

Disabled American Veterans (DAV) operates a fleet of vehicles around the country to provide free transportation for veterans to VA medical facilities. The DAV van drivers are local community members. They volunteer their time to ensure our local veterans can make it to their medical appointments and get needed treatment. Any person age 21 or older can apply to become a DAV van driver. They do not need to be a veteran. Van use expenses (i.e. gas, maintenance, etc.) are covered by the VA.

A volunteer application must be completed through the James E. Van Zandt VA Medical Center. The VA Medical Center serves multiple counties in Central Pennsylvania. However, once a volunteer is enrolled as a van driver, she or he can assist with transportation based in their local community in the county where they reside.

### If you are interested in becoming a volunteer driver please contact:

James E. Van Zandt VA Medical Center  
Voluntary Service Program  
Joe Hughes - 814-943-8164 ext. 7141 or [joseph.hughes4@va.gov](mailto:joseph.hughes4@va.gov)

The VA Medical Center is in partnership with the Retired and Senior Volunteer Program (RSVP) of Blair and Huntingdon Counties. Through this partnership, RSVP provides extra support and benefits to the VA volunteers who are age 55 or older. One benefit is volunteer mileage reimbursement. RSVP can reimburse mileage for volunteers' travel to and from their home to the location where they would pick up the van.

For information about enrolling in RSVP, please contact Dorcey Cuzzolina, RSVP Project Coordinator, 814-506-5267 or [dcuzzolina@ccaofpa.org](mailto:dcuzzolina@ccaofpa.org).



## Medicare Advantage Open Enrollment Period January 1 - March 31

If you are unhappy with your current Medicare Advantage plan (Medicare Part C), you can use the Medicare Advantage Open Enrollment Period to make a change. From January 1 to March 31, you can switch to a different Medicare Advantage Plan or go back to Original Medicare and join a stand-alone Medicare Part D plan. New plan coverage will start the first day of the following month. The Medicare Advantage Open Enrollment Period is only available to those who were enrolled in a Medicare Advantage Plan at the start of the year.

If you have questions or would like assistance in comparing plans, you can contact your local PA MEDI Program. PA MEDI offers free, confidential, unbiased information to Medicare-eligible Pennsylvania residents. PA MEDI services are available through your local Area Agency on Aging:

- If you live in Blair County, please contact Blair Senior Services, Inc. at 814-946-1235.
- If you live in Huntingdon County, please contact the Huntingdon/Bedford/Fulton Area Agency on Aging at 814-643-5115.

## Medicare Advantage (Part C)

Private health insurance plans approved by Medicare



Medicare Advantage plans combine Medicare Part A, Part B, and often Part D into one plan with a network of providers.

RSVP contact: Dorcey Cuzzolina, RSVP Project Coordinator, 814-506-5267; [dcuzzolina@ccaofpa.org](mailto:dcuzzolina@ccaofpa.org)  
RSVP Facebook page: RSVP of Blair and Huntingdon Counties.

## Spring Things Quiz

There are many things associated with the spring season. See which of the following you can identify based on these questions.

1. What is the first day of spring called?
2. What does spring symbolize?
3. Why does daylight increase in spring?
4. What do visitors travel to Washington, D.C., in spring to see, and which also signals the beginning of spring in Japan?
5. What are a few common flowers that herald spring in Central PA gardens?
6. What are the spring zodiac signs?
7. What is the animal-related saying used for spring weather predictions?
8. What weather proverb relates to spring rains?
9. What English poet wrote 'Daffodils'?
10. What bird is associated with the coming of spring in North America?
11. What annual day in spring is when pranks, practical jokes and hoaxes are played out?
12. The early Egyptians built what structure so that it points directly toward the rising sun on the spring equinox?
13. What is the annual event first held on April 22, 1970, to demonstrate support for environmental protection?
14. What is the condition called which includes restlessness and daydreaming some say is caused by the arrival of the spring season?
15. When spring arrives, it is the beginning of six months of daylight with no darkness at what location on Earth?



### Answers to Old-Fashioned Sayings

Following are the answers to the old-fashioned sayings quiz from the previous newsletter.



1. **Appearing insane:** Mercury was used in the manufacture of felt hats in the 17th and 18th centuries. A side-effect to the "hatter" was often mercury poisoning, which can cause issues that lead to madness. "Mad as a hatter"
2. **Wearing fancy attire:** In the 18th century, custom men's suits required nine yards of fabric, so they were much more expensive. "Dressed to the nines"
3. **Something not quite accomplished:** Cigars were a common prize for winning a carnival game in the 1800s. Of course, you won nothing for just being close to winning. "Close, but no cigar"
4. **Symbol of achievement:** Once upon a time, it was common practice to award a feather to a soldier which was then worn on the helmet or cap as a status symbol. "Feather in your cap"
5. **Narrowly escape a difficult situation:** A boxer might narrowly avoid losing by the ring of the bell marking the end of a round. "Saved by the bell"
6. **Humble yourself:** Historically, owning a horse was a sign that you were part of the upper class and from that high perch could look down upon "inferiors." "Get off your high horse"
7. **Acting without delay:** In the 1800s, the signal to start a race was when a hat was thrown in the air and it dropped to the ground. "At the drop of a hat"
8. **Go through something unpleasant:** Before anesthesia and pain killers, soldiers would bite down on bullets to stop from screaming out in pain while being operated on. "Bite the bullet"
9. **A short distance:** In days of yore, an estimated short distance was based on how far a person could throw a rock. "A stone's throw away"
10. **Twelve plus one:** Historically, laws existed to fine or flog bakers selling "underweight" bread. They would include an extra loaf to avoid being accused of shorting people. "A baker's dozen"
11. **Overreact, usually in anger:** The phrase originated from the way a loose ax head will separate from the handle if you swing too hard. "Fly off the handle"
12. **Annoyingly nice and well-behaved:** This phrase comes from a late 18th century story of a poor orphan who only had one shoe and was given two shoes as a reward for her virtue. "Goody two-shoes"
13. **Staying up late to work:** In olden days, lamps were used for lighting and oil would be burned well into the night if working late. "Burning the midnight oil"
14. **Making money:** This phrase comes from a story of a young couple in old England who loved their lord so much he rewarded them with some bacon. "Bringing home the bacon"
15. **Confronted with consequences of our actions:** In early American colonial era, disgraced military officers had to face a drumline when they were discharged. "Time to face the music"



### March

- 2-Carol Yoder
- 4-Linda Weir
- 5-Deborah Grove
- 5-Frederick Smyers
- 6-Trudy Miller
- 17-David Fryer
- 20-Shirley Franke
- 22-Marc Masucci
- 23-James Bonerigo
- 23-Robert Deweese
- 27-Susan Savory
- 31-Joyce Kerns

### April

- 2-Linda Fryer
- 3-Linda Blake
- 4-Jody Wallace
- 9-Gregory Grove
- 12-Linda M. Smith
- 15-Thomas Gavazzi
- 16-Darla White
- 18-Patrick Benton
- 21-Elwood Keller
- 22-Nadine Bubb
- 24-Maxine Spickler
- 25-Arkey Morelli
- 29-Elizabeth Dennis

**Birthday wishes to all of you for a happy, healthy year!**



**Sunday, March 13, 2022**  
is the beginning of  
Daylight Saving Time.  
Don't forget to set you clocks  
ahead one hour!

**Sunday, March 20, 2022**  
we welcome the start of spring!

